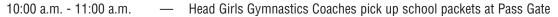
2022-23 IHSA Girls State Final Gymnastics Meet Time Schedule

FRIDAY, FEBRUARY 17 SESSION I



11:10 a.m. — Coaches meet with Technical Committee (General stretching, no tumbling)

11:30 a.m. – 1:45 p.m. — Warm-ups for Session I competitors ONLY

(1 1/2 minutes per competition)

11:45 p.m. — Judges for Session I meet in AD's Office with Meet Referee

1:00 p.m. — Doors Open to General Public for Session I

1:40 p.m. — Competitors assemble promptly for Parade of Competitors

(East Gym Gymnastics Room)

1:50 p.m. — Parade of Competitors

2:00 p.m. — National Anthem

2:05 p.m. — Session I — Preliminaries in the Individual Events and Finals in All-Around

SATURDAY, FEBRUARY 18 SESSION II

11:30 a.m. — Pass Gate opens to contestants, coaches, officials, VIPs

11:45 a.m. – 12:15 p.m. — General Stretching

12:15 p.m. – 1:45 p.m. — Warm-ups for Final Qualifiers

12:15 p.m. — Judges for Finals meet in AD's Office with Meet Referee

1:00 p.m.
Doors Open to General Public for Session II
1:50 p.m.
Competitors assemble for Opening Ceremony
1:55 p.m.
Opening Ceremony (Parade of Competitors)

2:00 p.m. — National Anthem

2:05 p.m.-2:15 p.m. — IHSGGCA Presentation

2:15 p.m. — CHAMPIONSHIP FINALS in Individual Events in the following order:

Vault and Uneven Bars alternating performances

All-Around Awards

Vault Awards

Uneven Bars Awards

— 15-minute break – (15-minute touch warm-up for all gymnasts competing)

Balance Beam and Floor Exercise alternating performances

Beam Awards

Floor Awards

3:45 p.m. — Team Awards