

**Minutes of the Boys/Girls Track and Field Advisory Committee  
September 4, 2024**

The IHSA Track & Field Advisory Committee met virtually on Wednesday, September 4, 2024. The meeting began at 10:00 a.m. Voting Committee members present were: Joe Salituro, Athletic Director, Chicago (C. Hope Academy); John Osmanski, Coach, Richmond (R. Burton); Marques Lowe, Coach, Kankakee (Sr.); Jacqy Peterson, Coach, Taylor Ridge (Rockridge); Chad Aubin, Coach, Normal (Community West); Tiffany Williams, Athletic Director, Springfield (Southeast); Doug Kell, Coach, Nashville; Jason Gray, Official. Other non-voting attendees included: Kevin Harrington, ITCCCA President; Nicole Schaeftbauer, IESA Executive Director; Andy Bergstrom, ITCCOA Representative; Kraig Garber, IHSA Asst. Executive Director.

**TERMS AND CONDITIONS RECOMMENDATIONS:**

**1. Item VII- C: IHSA State Series T&F Qualifying Standards:**

**Recommendation:** To adopt the qualifying standards below for the 2025 season:

2024-2025 Proposed IHSA State Qualifying Standards						
Event	1A Girls	1A Boys	2A Girls	2A Boys	3A Girls	3A Boys
LJ	5.00m (16-5)	6.35m (20-10)	5.10m (16-9)	6.47m (21-3)	5.43m (17-10)	6.80m (22-4)
PV	2.76m (9-1)	3.70m (12-2)	2.97m (9-9)	3.88m (12-9)	3.20m (10-6)	4.16m (13-8)
HJ	1.52m (5-0)	1.85m (6-1)	1.54m (5-1)	1.87m (6-2)	1.57m (5-2)	1.93m (6-4)
SP	10.79m (35-5)	14.37m (47-2)	10.66m (35-0)	14.88m (48-10)	11.17m (36-8)	15.82m (51-11)
TJ	10.18m (33-5)	12.54m (41-2)	10.56m (34-8)	12.95m (42-6)	11.09m (36-5)	13.48m (44-3)
DISC	33.45m (109-9)	43.05m (141-3)	33.42m (109-8)	44.42m (145-9)	35.20m (115-6)	47.09m (154-6)
4 X 800	10:35.51	8:33.28	10:14.34	8:20.60	9:39.14	7:59.23
4 X 100	:52.12	:44.33	:50.59	:43.51	:48.92	:42.62
3200	12:26.55	10:12.64	11:47.44	9:57.04	11:11.19	9:27.68
100 HH	:16.86	:16.26	:16.62	:15.61	:15.48	:15.26
110 HH						
100	:12.95	:11.24	:12.64	:11.05	:12.42	:10.94
800	2:28.15	2:01.53	2:25.12	2:00.71	2:18.94	1:57.40
4 X 200	1:51.76	1:33.09	1:48.87	1:31.33	1:44.81	1:29.72
400	1:01.94	:51.92	1:00.75	:51.17	:59.38	:50.44
300 LH	:49.72	:42.73	:48.74	:41.55	:46.88	:40.40
300 IH						
1600	5:36.90	4:37.35	5:24.58	4:32.20	5:11.78	4:21.89
200	:26.96	:23.03	:26.29	:22.59	:25.56	:22.30
4 X 400	4:19.68	3:33.66	4:13.85	3:30.40	4:05.32	3:24.94

**Rationale:** When determining event standards, the past process of using a five year average of 21<sup>st</sup> place from all sectionals for 1A & 3A, and a five year average of 16<sup>th</sup> place from all sectionals for 2A was followed when possible. However, as a result of some analysis of qualifier projections using past years, there were some cases where the system was adjusted by using a different average sectional time/distance/height (i.e. 18<sup>th</sup> place instead of 21<sup>st</sup> place), or by using a different average number of years (i.e.: 4 years instead of 5 years), or simply by maintaining the prior year's standard. The Assistant Executive Director working with the Track & Field advisory committee has reserved the right to make these types of adjustments if it is obvious that this would be necessary in order to protect the integrity of the meet.

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### 2. VI. IHSA State Final Time Schedule

**Recommendation:** Move the High Jump preliminary starting time back 30 minutes for all classes. All other preliminary field event start times would remain the same.

**Rationale:** This will help reduce conflicts with the athletes who are both Long Jump and High Jump qualifiers. This impacts a handful of athletes but causes anxious/concerned athletes and coaches every year.

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### **Administrative Recommendations:**

3. **Recommendation:** Adjust the State Final Throws Schedule in the program as follows (rationale provided within proposal):

- a. Thursday Class 1A
  - i. Shot put currently says Flight 3 will follow on the first available ring. The committee is proposing to change this to "Flight 3 will follow Flight 2 (in West Ring) following a 15-minute warm-up."  
**Rational:** This alleviates confusion for spectators and competitors as to which ring the top flight will throw out of.
  - ii. Weigh-in and inspection is currently scheduled for 10:00 am and 10:45 am. The committee is proposing to change that to 10:00 am and 10:40 am  
**Rational:** This provides the same 40-minute window that classes 2A and 3A receive.
  - iii. For Discus, the schedule currently says Flight 3 will follow on the first available ring. The committee would like this changed to "Flight 3 will follow Flight 2 (in South Ring) following a 20-minute warm-up."  
**Rational:** This is consistent with the proposal and rationale for the shot put.
- b. Friday Class 2A
  - i. The committee proposes to change the shot put verbiage to "Flight 3 will follow Flight 2 (in East Ring) following a 15-minute warm-up."  
**Rational:** This is consistent with the proposal and rationale for the shot put for class 1A.
  - ii. For Flights 1 & 2, the schedule currently says that warm-up is at 8:40 am. The committee would like that changed to 8:45 am.  
**Rational:** All Flights should receive the same amount of warm-up time.
  - iii. For Discus, change the wording in the schedule to "Flight 3 will follow Flight 2 (in North Ring) following a 20-minute warm-up."  
**Rational:** This is consistent with the proposal and rationale for the class 1A discus.
- c. Friday Class 3A
  - i. The committee proposes to change the shot put verbiage to "Flight 3 will follow Flight 2 (in West Ring) following a 15 minute warm-up."  
**Rational:** This is consistent with the proposal and rationale for the shot put for class 1A and 2A.
  - ii. Change Flights 1 & 2 warm-up from 12:40 to 12:45 pm.  
**Rational:** All Flights should receive the same amount of warm-up time.
  - iii. For Discus, change weigh-in and inspection to 12:00 pm - 12:40 pm.  
**Rational:** This would allow competition to begin at 1:00 pm instead of 1:05 pm.
  - iv. For Discus, change the wording in the schedule to "Flight 3 will follow Flight 2 (in South Ring) following a 20-minute warm-up."  
**Rational:** This is consistent with the proposal and rationale for the class 1A & 2A discus.
  - v. For Discus, change the weigh-in and inspection to 1:40 pm - 2:20 pm.  
**Rational:** This maintains a consistent 40 minute window for weigh-ins for all classes.
- d. Saturday Finals
  - i. For Shot Put, change 3A first available ring to 3A (West Ring) (following a 15 minute warm-up)  
**Rational:** This alleviates confusion for spectators and competitors as to which ring the top flight will throw out of.

- ii. For Class 3A weigh-ins for Shot Put, change the time from between 9:40 am and 10:00 am to between 9:50 am and 10:30 am.  
**Rationale:** This adjustment will help avoid weigh-ins happening at the same time as the 1A and 2A finalists are passing through the same area.
- iii. For the 3A Discus scheduled start time, change to 3A (South Ring) (following a 20- minute warm-up).  
**Rationale:** This is consistent with the proposed change on the preliminary days.
- iv. For the 3A Discus weigh-ins, change the time to 12:15pm - 12:45pm.  
**Rationale:** This is consistent with the change for 3A preliminary weigh-ins.

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#### 4. **Recommendation:** Adjust the State Final Pole Vault Schedule as Follows:

- a. Thursday – 1A Pole Vault Prelims
  - i. Weigh-In and Check Poles: 9:15am
  - ii. Warmups: 10:00am
  - iii. 1A Prelims: 11:00am
    - o Flight 1 on South Runway
    - o Flight 2 on North Runway
- b. Friday – 2A Pole Vault Prelims
  - i. Weigh-In and Check Poles: 7:15am
  - ii. Warmups: 8:00am
  - iii. 2A Prelims: 9:00am
    - o Flight 1 on South Runway
    - o Flight 2 on North Runway
- c. Friday – 3A Pole Vault Prelims
  - i. Weigh-In and Check Poles: 10:45am
  - ii. Warmups: 11:30am
  - iii. 3A Prelims: 12:30pm
    - o Flight 1 on South Runway
    - o Flight 2 on North Runway
- d. Saturday, May 27 – FINALS 1A, 2A, 3A
  - i. Finals 1A and 2A: 10:00am
    - o Warmups: 9:00am
    - o 1A on South Runway
    - o 2A on North Runway
    - o Finals 3A: First available runway
- e. In the schedule, there currently a scheduled time to check poles on Saturday before the Finals. This is not necessary. Event officials can check poles on the runway if needed. Therefore, add a statement in the time schedule that if needed, poles and weight can be checked. Poles would be checked on the runway and athletes' weight could be checked in the tent.

**Rationale:** Currently, the Weigh In / Check Poles times start at the same time as when the pits are opened up for warmups. Weigh In / Check Poles need to be 45 minutes before the time runways are opened for warmups.

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#### **ITEMS OF GENERAL DISCUSSION:**

The committee had the opportunity to view all items submitted to Kraig Garber. Listed below are the topics that received discussion from members of the committee with no action.

- 1. The committee discussed a proposal to adjust the date and time each class would compete on the preliminary days. The consensus was to seek more input from the membership regarding the matter.

2. The committee discussed how to determine the type of start to use for the 800m run and the 4x800m relay at sectional meets. Determining this is based on how the track was marked by the manufacturer. Officials should not be drawing lines on tracks to accommodate some preferred start.
3. The committee discussed video review of the finish and who can view the image of the finish when a request from a coach is brought forward. The ability to review the video or image of the finish is the responsibility of the timing system operator and meet referee and no one else. Such requests must go through the meet referee.