

## **2014-15 Body Fat Testing Workshops**

The 2014-15 Body Fat Testing workshops are listed below. Please call the IHSA Office (309/663-6377) and ask for Cheryl Charlton to sign up for one of these workshops.

- \*Wednesday, October 1, 2014, at 6:00 p.m. – Location: Franklin Park-Northlake (Leyden High School)
- \*Monday, October 6, 2014, at 10:00 a.m. – Location: Chicago (CPS Sports Department), William Brown Elementary School, 54 N. Hermitage, Chicago
- \*Friday, October 10, 2014, at 10:00 a.m. – Location: Minooka High School
- \*Tuesday, October 14, 2014, at 6:00 p.m. – Location: Normal (Community West High School)
- \*Wednesday, October 15, 2014, at 11:00 a.m. – Location: Effingham High School

There will be a fee of \$15.00 to take the workshop. Payment is to be made at the class. Checks should be made payable to the IHSA.