ime Schedule

2015 State Finals

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ILLINOIS HIGH SCHOOL ASSOCIATION

Wednesday, May 20, 2015

Practice Schedule: 4:00 p.m.—7:00 p.m. Schools may use the track and field facilities at O'Brien Stadium for practice and warm-up. These practice sessions are not the responsibility of the IHSA or of EIU. Athletes and coaches use the facilities to practice at their own risk. Coaches will be responsible for the safety of their athletes/staff. Coaches must be aware of the weather and react according to IHSA severe weather safety guidelines. (If it roars, go indoors!)

Packet Pick-Up, Wednesday—All Classes may pick up their team packets between 4:00 p.m. and 7:00 p.m. at the south ticket window on the west side of O'Brien Stadium (parking & vendor lot).

Thursday, May 21, 2015 (Semifinals in Class 1A Only)

Coach/Athlete Responsibility: Times are approximate and competitors are responsible to report prior to an event. Regardless of the time an event is scheduled, events will follow one another in the order indicated and the meet will be kept moving along. It is the responsibility of the coaches and their athletes to monitor the progress of the meet and to report for competition appropriately. Do not rely solely on calls from the PA announcer. Section VII-G-1,2,3 (Reporting To The Clerk of The Course) of the Terms and Conditions will be strictly enforced.

Practice Schedule: The track at O'Brien Stadium will be open for 1A practice between the hours of 8:00 a.m. to 10:00 a.m.

Pole Vault Weigh-in: Semis—Contestants by flight order in the Hospitality Tent at the southeast corner of O'Brien Stadium beginning with all 1A Flights weighing in from 10:00 a.m. until 11:00 a.m. Competitors will be weighed in flight order. Once a flight has been weighed, those in the next flight will be weighed. If there is a break in the weigh-in, competitors may check their weight with the permission of the judges.

Packet Pick-Up, Thursday—All Classes may pick up their team packets between 8:00 a.m. and 7:00 p.m. at the south ticket window on the west side of O'Brien Stadium (parking & vending lot).

CLASS 1A FIELD EVENTS

Shot Inspection: Shots will be weighed and measured at the tent south of the stadium in the throws area.

Discus Inspection: Discus will be weighed and measured at the tent south of the stadium in the throws area.

Warm-up times in the field events: Pole Vault 30 minutes per flight; Discus 25 minutes per flight; Shot Put 15 minutes per flight; Long Jump 15 minutes per flight; High Jump 15 minutes per flight; Triple Jump 15 minutes per flight.

10:00 a.m. Pole Vault Weigh-in: Contestants by flight in order beginning with Flight No. 1

at tent outside southeast corner of O'Brien Stadium

Flights 1 & 2 (Warm-up at 9:40 a.m.) 10:00 a.m. Long Jump

> Flight 3 Follows flights 1 & 2 on first available runway (15 minute Long Jump

Triple Jump The first flight of the triple jump will immediately follow the long

jump on the first available runway (following a 15 minute warmup). The subsequent flights of the triple jump will follow on the

first available runway following a 15 minute warm-up. Flight 1 followed by Flights 2 & 3 (Flight No. 1 warm-up at 9:45 10:00 a.m. High Jump

a.m., other flights have 15-minute warm-up)

10:50 a.m. National Anthem/Referee's Instructions 11:00 a.m. ALL RUNNING EVENTS BEGIN AT 11:00 a.m.

11:00 a.m. Shot Put Flights 1 & 2 followed by flight s 3 & 4 (Flight 1 in East Ring, Flight

2 in West Ring, Flight 3 & 4 in first available ring following a 15

minute warm-up)

Flights 1 & 2 warm-up at 10:45 a.m.

Weigh-in and inspection will take place for all flights between

10:00 a.m. and 10:45 a.m.

Flight 1 - South Runway (Warm-up 10:30 a.m.) 11:00 a.m. Pole Vault 11:00 a.m. Pole Vault Flight 2 - North Runway (Warm-up 10:30 a.m.)

Pole Vault Flight 3-first available runway (following a 30

minute warm-up)

1:10 p.m. Discus Flights 1 & 2 followed by flights 3 & 4 (Flight 1 in North Ring,

Flight 2 in South Ring, Flight 3 & 4 in first available ring following

a 25 minute warm-up)

Discus Flights 1 & 2 (Warm-up 12:45 p.m.)

Weigh-in and inspection will take place for all flights between

12:05 p.m. and 12:45 p.m.

Class 1A Track Events

Running Event Qualifying To Finals: In all running events with semifinals, each heat winner advances to the finals. The remainder of the field in each respective running event final will be filled on the basis of time in the semifinals.

All Times Approximate

10:50 a.m. National Anthem/Referee's Instructions

11:00 a.m. 4 x 800-Meter Relay (Semifinals: 3 heat winners plus next 9 best prelim times

qualify for Finals)

11:39 a.m. 4 x 100-Meter Relay (Semifinals: 4 heat winners plus next 5 best prelim times qualify for Finals)

(Ten Minute Warm Up On Hurdles)

12:05 p.m. 100-Meter High Hurdles (Semifinals: 5 heat winners plus next 4 best prelim

times qualify for Finals)

100-Meter Dash (Semifinals: 5 heat winners plus next 4 best prelim times

qualify for Finals)

12:45 p.m. 800-Meter Run (Semifinals: 3 heat winners plus next 9 best prelim times qualify for Finals)

4 x 200-Meter Relay (Semifinals: 4 heat winners plus next 5 best prelim times

qualify for Finals)

400-Meter Dash (Semifinals: 4 heat winners plus next 5 best prelim times

qualify for Finals) 1:35 p.m.

300-Meter Intermediate Hurdles (Semifinals: 4 heat winners plus next 5 best

prelim times qualify for Finals) 1:51 p.m. 1600-Meter Run (Semifinals: 3 heat winners plus next 9 best prelim times

qualify for Finals)

2:18 p.m. 200-Meter Dash (Semifinals: 4 heat winners plus next 5 best prelim times

qualify for Finals)

2:34 p.m. 4 x 400-Meter Relay (Semifinals: 4 heat winners plus next 5 best prelim times

qualify for Finals)

3:02 p.m. Finish

1:03 p.m.

1:19 p.m.

Practice Schedule: Following the 1A meet—7:00 p.m. Schools may use the track and field facilities at O'Brien Stadium for practice and warm-up. These practice sessions are not the responsibility of the IHSA or of EIU. Athletes and coaches use the facilities to practice at their own risk. Coaches will be responsible for the safety of their athletes/staff. Coaches must be aware of the weather and react according to IHSA severe weather safety guidelines. (If it roars, go indoors!).

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Friday, May 22, 2015 (Semifinals in 2A and 3A)

Coach/Athlete Responsibility: Times are approximate and competitors are responsible to report prior to an event. Regardless of the time an event is scheduled, events will follow one another in the order indicated and the meet will be kept moving along. It is the responsibility of the coaches and their athletes to monitor the progress of the meet and to report for competition appropriately. Do not rely solely on calls from the PA announcer. Section VII-G-1,2,3 (Reporting To The Clerk of The Course) of the Terms and Conditions will be strictly enforced.

Pole Vault Weigh-in: Prelims—Contestants by flight order in the Hospitality Tent at the southeast corner of O'Brien Stadium beginning with morning session Flight No. 1 at 7:45 a.m. (until 8:45) and afternoon session Flight No. 1 at 11:15 a.m. (until 1:00 p.m.) Competitors will be weighed in flight order. Once a flight has been weighed, those in the next flight will be weighed. If there is a break in the weigh-in, competitors may check their weight with the permission of the judges. Saturday Finals - 9:00-10:00 a.m. (1A & 2A), 10:30-11:00 a.m. (3A) in the Hospitality Tent.

Practice Schedule: The track at O'Brien Stadium will be open for 2A and 3A practice between the hours of 6:30 a.m. to 8:00 a.m.

Packet Pick-Up, Friday—All Classes: 7:00 a.m.—1:00 p.m. at the south ticket window on the west side of O'Brien Stadium. After 1:00 p.m. any unclaimed packets will be available at the north ticket window on the west side of O'Brien Stadium (parking & vending lot).

CLASS 2A FIELD EVENTS

Shot Inspection: Shots will be weighed and measured at the tent south of the stadium in the throws area

Discus Inspection: Discus will be weighed and measured at the tent south of the stadium in the throws area.

Warm-up times in the field events are: Pole Vault 30 minutes per flight; Discus 25 minutes per flight; Shot Put 15 minutes per flight; Long Jump 15 minutes per flight; High Jump 15 minutes per flight; Triple Jump 15 minutes per flight.

8:00 a.m.	Long Jump	Flights 1 & 2 (Warm-up at 7:40 a.m.)			
	Long Jump	Flight 3 Follow flights 1 $\&$ 2 on first available runway (15 minute warm-up)			
	Triple Jump	The first flight of the triple jump will immediately follow the long jump on the first available runway (following a 15 minute warmup). The subsequent flights of the triple jump will follow on the first available runway following a 15 minute warm-up.			
8:00 a.m.	High Jump	Flight 1 followed by Flight 2 (Flight No. 1 warm-up at 8:15 a.m., other flights have 15 minute warm-up)			
8:50 a.m.	National Anthem/Referee's Instructions				
9:00 a.m.	All Running Events Begin at 9:00 a.m.				
9:00 a.m.	Shot Put	Flight 1 $\stackrel{\circ}{a}$ 2 followed by flights 3 $\stackrel{\circ}{a}$ 4 (Flight 1 in West Ring, Flight 2 in East Ring, Flights 3 $\stackrel{\circ}{a}$ 4 in first available ring following a 15 minute warm-up) Flights 1 $\stackrel{\circ}{a}$ 2 warm-up 8:40 a.m.			
		Weigh-in and inspection will take place for all flights between 8:00 a.m. and 8:40 a.m.			
9:00 a.m.	Pole Vault	Flight 1 - South Runway (Warm-up 8:30 a.m.)			
9:00 a.m.	Pole Vault	Flight 2 - North Runway (Warm-up 8:30 a.m.)			
10:55 a.m.	Discus	Flights 1 & 2 followed by flights 3 & 4 (Flight 1 in South Ring, Flight 2 in North Ring, Flights 3 & 4 in the first available ring following a 25 minute warm-up)			

Flights 1 & 2 warm-up 10:30 a.m.

9:50 a.m. and 10:30 a.m.

Weigh-in and inspection will take place for all flights between

CLASS 2A TRACK EVENTS

Running Event Qualifying To Finals: In all running events with semifinals, each heat winner advances to the finals. The remainder of the field in each respective running event final will be filled on the basis of time in the semifinals.

All Times Approximate

8:50 a m	National	Anthem/Referee's	Instructions

9:00 a.m. 4 x 800-Meter Relay (Semifinals: 3 heat winners plus next 9 best prelim times qualify for Finals)

9:39 a.m. 4 x 100-Meter Relay (Semifinals: 4 heat winners plus next 5 best prelim times qualify for Finals)

(Ten Minute Warm Up On Hurdles)

10:05 a.m. 100-Meter High Hurdles (Semifinals: 3 heat winners plus next 6 best prelim times qualify for Finals)

100-Meter Dash (Semifinals: 3 heat winners plus next 6 best prelim times 10:17 a.m. qualify for Finals)

10:29 a.m. 800-Meter Run (Semifinals: 3 heat winners plus next 9 best prelim times qualify for Finals)

10:47 a.m. 4 x 200-Meter Relay (Semifinals: 4 heat winners plus next 5 best prelim times qualify for Finals)

11:03 a.m. 400-Meter Dash (Semifinals: 3 heat winners plus next 6 best prelim times qualify for Finals)

11:15 a.m. 300-Meter Intermediate Hurdles (Semifinals: 3 heat winners plus next 6 best prelim times qualify for Finals)

11:27 a.m. 1600-Meter Run (Semifinals: 3 heat winners plus next 9 best prelim times qualify for Finals)

11:54 a.m. 200-Meter Dash (Semifinals: 4 heat winners plus next 5 best prelim times qualify for Finals)

12:10 p.m. 4 x 400-Meter Relay (Semifinals: 4 heat winners plus next 5 best prelim times qualify for Finals)

12:38 p.m. Finish

CLASS 3A FIELD EVENTS

12:00 p.m. Long Jump

Long Jump

warm-un)

Shot Inspection: Shots will be weighed and measured at the tent south of the stadium in

Discus Inspection: Discus will be weighed and measured at the tent south of the stadium in the throws area.

Flights 1 & 2 (Warm-up at 11:45 a.m.)

	Triple Jump	The first flight of the triple jump will immediately follow the long
		jump on the first available runway (following a 15 minute warm-
		up). The subsequent flights of the triple jump will follow on the
		first available runway following a 15 minute warm-up.
12:00 p.m.	High Jump	Flight 1 followed by Flight 2 (Flight No. 1 warm-up at 11:45 a.m.,
		other flights have 15 minute warm-up)
12:30 p.m.	Pole Vault	Flight 1 – 1st Available Runway (Warm-up 12:00 p.m.)

Flight 2 – 1st Available Runway (Warm-up 12:00 p.m.) 12:30 p.m. Pole Vault

Pole Vault Flight 3 - first available runway (following a 30 minute warm-up)

Flight 3 Follow flights 1 & 2 on first available runway (15 minute

1:05 p.m. Shot Put Flight 1 & 2 followed by flights 3 & 4 (Flight 1 in East Ring, Flight 2 in West Ring, Flights 3 & 4 in first available ring following a 15

minute warm-up)

Flights 1 & 2 warm-up 12:50 p.m.

Weigh-in and inspection will take place for all flights between

11:50 a.m. and 12:30 p.m.

2:45 p.m. Discus Flights 1 & 2 followed by flight 3 & 4 (Flight 1 in North Ring, Flight

2 in South Ring, Flights 3 & 4 in the first available ring following a 25 minute warm-up)

Flights 1 & 2 warm-up 2:20 p.m.

Weigh-in and inspection will take place for all flights between

1:45 p.m. and 2:20 p.m.

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CLASS 3A TRACK EVENTS

Running Event Qualifying To Finals: In all running events with semifinals, each heat winner advances to the finals. The remainder of the field in each respective running event final will be filled on the basis of time in the semifinals.

All Times Approximate

12:55 p.m. $\stackrel{4}{4}$ x 800-Meter Relay (Semifinals: 3 heat winners plus next 9 best prelim times qualify for Finals)

1:34 p.m. 4×100 -Meter Relay (Semifinals: 4 heat winners plus next 5 best prelim times qualify for Finals)

(Ten Minute Warm Up On Hurdles)

2:00 p.m. 100-Meter High Hurdles (Semifinals: 3 heat winners plus next 6 best prelim times qualify for Finals)

2:12 p.m. 100-Meter Dash (Semifinals: 4 heat winners plus next 5 best prelim times qualify for Finals)

2:28 p.m. 800-Meter Run (Semifinals: 3 heat winners plus next 9 best prelim times

qualify for Finals)
2:46 p.m. 4 x 200-Meter Relay (Semifinals: 4 heat winners plus next 5 best prelim times

qualify for Finals)

3:02 p.m. 400-Meter Dash (Semifinals: 3 heat winners plus next 6 best prelim times qualify for Finals)

3:14 p.m. 300-Meter Intermediate Hurdles (Semifinals: 4 heat winners plus next 5 best prelim times qualify for Finals)

3:30 p.m. 1600-Meter Run (Semifinals: 3 heat winners plus next 9 best prelim times qualify for Finals)

3:57 p.m. 200-Meter Dash (Semifinals: 4 heat winners plus next 5 best prelim times qualify for Finals)

4:13 p.m. 4 x 400-Meter Relay (Semifinals: 4 heat winners plus next 6 best prelim times qualify for Finals)

4:41 p.m. Finish

Practice Schedule: Following the 2A/3A meet—6:45 p.m. Schools may use the track and field facilities at O'Brien Stadium for practice and warm-up. These practice sessions are not the responsibility of the IHSA nor of EIU. Athletes and coaches use the facilities to practice at their own risk. Coaches will be responsible for the safety of their athletes/staff. Coaches must be aware of the weather and react according to IHSA severe weather safety guidelines. (If it roars, go indoors!).

6:45 p.m. E.I.U. CONDUCTS THE "RACE UNDER THE LIGHTS"

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ILLINOIS HIGH SCHOOL ASSOCIATION

Saturday, May 23, 2015 (Finals in All Events—All Classes 1A-2A-3A and Wheelchair Division)

7:00- 8:45 a.m.	Track is	open t	o all finalists

8:45 - 9:15 a.m. Parade of Competitors assembled at southeast entrance to

O'Brien Stadium

Parade of Competitors 9:15-9:30 a.m.

9:00-10:00 a.m. Pole Vault Pole Inspection (no weigh-in required) - (1A & 2A),

10:00-10:30 a.m. (3A) in the tent

9:30-10:00 a.m. **Opening Ceremonies**

FIELD EVENTS

Shot Inspection: Shots will be weighed and measured at the tent south of the stadium in the throws area. Weigh-in and inspection will take place for Wheelchair Division, Class 1A and 2A between 9:00 a.m. and 9:40 a.m. Class 3A will have implements inspected between 9:40 a.m. and 10:00 a.m.

Discus Inspection: Discus will be weighed and measured at the tent south of the stadium in the throws area. Weigh-in and inspection will take place for the Wheelchair Division, Class 1A and 2A between 11:30 a.m. and 12:10 p.m. Class 3A will have implements inspected between 12:10 p.m. and 12:30 p.m.

1A and 2A. 3A to follow on first available runway following 15 10:00 a.m. Long Jump minute warm-up.

Triple Jump Immediately following the Long Jump , on the first available

runway, a 15 minute warm-up period will begin for the 1A flight of the Triple Jump. The 1A flight of the Triple Jump will start their competition immediately following their 15 minute warmup period. Subsequent classes of the Triple Jump will warm-up for 15 minutes and then compete on the runway where they

have warmed-up as a runway becomes available.

10:00 a.m. Shot Put

1A (West Ring) (Warm-up 9:45 a.m.) 2A (East Ring) (Warm-up 9:45 a.m.)

3A to follow on first available ring (following a 15 minute warm-

Weigh-in and inspection will take place for Athletes with Disabilities, Class 1A and 2A between 9:00 a.m. and 9:40 a.m. Class 3A will have implements inspected between 9:40 a.m. and

10:00 a.m. Pole Vault 1A and 2A. 3A to follow on first available runway (following a

30 minute warm-up)

1A followed by 2A, followed 3A (each class will have a 15 10:00 a.m. High Jump

minute warm-up)

12:30 p.m. Discus

1A (South Ring) (Warm-up 12:05 p.m.)

2A to follow on first available ring (following a 25 minute warm-up) 3A to follow on first available ring (following a 25 minute warm-up) Weigh-in and inspection will take place for Class 1A and 2A between 11:30 a.m. and 12:05 p.m. Class 3A will have implements inspected between 12:05 p.m. and 12:30 p.m.

ALL CLASSES—TRACK EVENTS

10:00 a.m. Class 1A 3200-Meter Run (Section No. 1)

Class 2A 3200-Meter Run (Section No. 1)

Class 3A 3200-Meter Run (Section No. 1)

10:00 a.m. Class 1A and 2A Long Jump (followed by 3A) (Triple Jump to follow)

10:00 a.m. Class 1A and 2A Pole Vault (followed by 3A)

10:00 a.m. Class 1A and 2A Shot Put (followed by 3A) (Discus to follow)

10:00 a.m. Class 1A High Jump (followed by 2A, followed by 3A)

11:00 a.m. Class 1A 4 x 800-Meter Relay Class 2A 4 x 800-Meter Relay

Class 3A 4 x 800-Meter Relay

11:40 a.m. Class 1A 4 x 100-Meter Relay

Class 2A 4 x 100-Meter Relay Class 3A 4 X 100-Meter Relay

12:10 p.m. Class 1A 3200-Meter Run (Section No. 2)

Class 2A 3200-Meter Run (Section No. 2) Class 3A 3200-Meter Run (Section No. 2)

1:10 p.m. Class 1A 100-Meter High Hurdles

Class 2A 100-Meter High Hurdles Class 3A 100-Meter High Hurdles

Wheelchair Division 100 Meter

Class 1A 100-Meter Dash Class 2A 100-Meter Dash

Class 3A 100-Meter Dash

1:55 p.m. Wheelchair Division 800 Meter

Class 1A 800-Meter Run

Class 2A 800-Meter Run

Class 3A 800-Meter Run

2:25 p.m. Class 1A 4 x 200-Meter Relay

Class 2A 4 x 200-Meter Relay Class 3A 4 x 200-Meter Relay

Wheelchair Division 400 Meter 2:55 p.m.

> Class 1A 400-Meter Dash Class 2A 400-Meter Dash

Class 3A 400-Meter Dash

Class 1A 300-Meter Intermediate Hurdles 3:15 p.m.

Class 2A 300-Meter Intermediate Hurdles

Class 3A 300-Meter Intermediate Hurdles

Class 1A 1600-Meter Run 3:35 p.m.

Class 2A 1600-Meter Run

Class 3A 1600-Meter Run Wheelchair Division 200 Meter 4:05 p.m.

Class 1A 200-Meter Dash

Class 2A 200-Meter Dash

Class 3A 200-Meter Dash

4:25 p.m. Class 1A 4 x 400-Meter Relay

Class 2A 4 x 400-Meter Relay

Class 3A 4 x 400-Meter Relay

5:00 p.m. Team Awards

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