

2013 Qualifying Standards for Track & Field

	Girls 1A	Girls 2A	Girls 3A
Event	2013	2013	2013
Long Jump	16-4	16-11	17-3
Pole Vault	9-3	9-9	10-3
High Jump	5-2	5-2	5-3
Shot Put	35-6	36-6	37-8
Triple Jump	33-8	34-8	35-6
Discus Throw	108-0	112-3	117-6
4x800 M. Relay	10:22.24 FAT	10:04.00 FAT	9:38.24 FAT
4x100 M. Relay	:51.94 FAT	:50.84 FAT	:49.44 FAT
3200 M. Run	12:12.24 FAT	11:48.04 FAT	11:22.04 FAT
100 M. High Hurdles	:16.64 FAT	:16.04 FAT	:15.34 FAT
100 M. Dash	:13.04 FAT	:12.74 FAT	:12.54 FAT
800 M. Run	2:26.64 FAT	2:23.34 FAT	2:19.74 FAT
4x200 M. Relay	1:50.34 FAT	1:48.04 FAT	1:44.74 FAT
400 M. Dash	1:02.04 FAT	1:00.64 FAT	:59.44 FAT
300 M. Low Hurdles	:49.84 FAT	:47.84 FAT	:46.94 FAT
1600 M. Run	5:35.14 FAT	5:25.74 FAT	5:15.24 FAT
200 M. Dash	:27.04 FAT	:26.64 FAT	:25.94 FAT
4x400 M. Relay	4:14.34 FAT	4:10.04 FAT	4:04.24 FAT

2013 Qualifying Standards for Track & Field

	1A Boys	2A Boys	3A Boys
Event	2013	2013	2013
Long Jump	21-0	21-8	22-3
Pole Vault	13-0	13-3	13-9
High Jump	6-3	6-3	6-5
Shot Put	49-0	50-11	52-11
Triple Jump	42-0	43-8	44-10
Discus Throw	143-0	148-0	155-0
4x800 M. Relay	8:24.24 FAT	8:15.24 FAT	8:00.04 FAT
4x100 M. Relay	:44.64 FAT	:43.54 FAT	:42.64 FAT
3200 M. Run	10:04.00 FAT	9:49.24 FAT	9:29.04 FAT
110 M. High Hurdles	:15.54 FAT	:14.94 FAT	:14.74 FAT
100 M. Dash	:11.14 FAT	:11.04 FAT	:10.94 FAT
800 M. Run	2:01.24 FAT	1:59.04 FAT	1:57.24 FAT
4x200 M. Relay	1:33.74 FAT	1:31.74 FAT	1:29.64 FAT
400 M. Dash	:51.74 FAT	:50.84 FAT	:49.94 FAT
300 M. Int. Hurdles	:42.00 FAT	:40.44 FAT	:39.84 FAT
1600 M. Run	4:37.24 FAT	4:30.44 FAT	4:22.74 FAT
200 M. Dash	:22.94 FAT	:22.54 FAT	:22.24 FAT
4x400 M. Relay	3:31.74 FAT	3:27.44 FAT	3:23.74 FAT