

2022-23 IHSA Girls State Final Gymnastics Meet Time Schedule



FRIDAY, FEBRUARY 17 SESSION I

- 10:00 a.m. - 11:00 a.m. — Head Girls Gymnastics Coaches pick up school packets at Pass Gate
- 11:10 a.m. — Coaches meet with Technical Committee (General stretching, no tumbling)
- 11:30 a.m. – 1:45 p.m. — Warm-ups for Session I competitors ONLY
(1 1/2 minutes per competition)
- 11:45 p.m. — Judges for Session I meet in AD's Office with Meet Referee
- 1:00 p.m. — Doors Open to General Public for Session I
- 1:40 p.m. — Competitors assemble promptly for Parade of Competitors
(East Gym Gymnastics Room)
- 1:50 p.m. — Parade of Competitors
- 2:00 p.m. — National Anthem
- 2:05 p.m. — Session I — Preliminaries in the Individual Events and Finals in All-Around

SATURDAY, FEBRUARY 18 SESSION II

- 11:30 a.m. — Pass Gate opens to contestants, coaches, officials, VIPs
- 11:45 a.m. – 12:15 p.m. — General Stretching
- 12:15 p.m. – 1:45 p.m. — Warm-ups for Final Qualifiers
- 12:15 p.m. — Judges for Finals meet in AD's Office with Meet Referee
- 1:00 p.m. — Doors Open to General Public for Session II
- 1:50 p.m. — Competitors assemble for Opening Ceremony
- 1:55 p.m. — Opening Ceremony (Parade of Competitors)
- 2:00 p.m. — National Anthem
- 2:05 p.m.-2:15 p.m. — IHSGGCA Presentation
- 2:15 p.m. — CHAMPIONSHIP FINALS in Individual Events in the following order:
Vault and Uneven Bars alternating performances
All-Around Awards
Vault Awards
Uneven Bars Awards
— 15-minute break – (15-minute touch warm-up for all gymnasts competing)
Balance Beam and Floor Exercise alternating performances
Beam Awards
Floor Awards
- 3:45 p.m. — Team Awards