

**Advisory Committee Recommendations
February, 2015, Board Meeting
Consent Items**

Boys/Girls Cross Country

C: Eliminate the Coaches Meeting

Recommendation: Eliminate the 4:00 p.m. coaches meeting on Friday requirement for a coach to attend a coaches meeting on Friday or Saturday at the state final. Highly encourage attendance but no longer require attendance.

Rationale: Such meetings are very informative and an excellent method of communicating race details to coaches but attendance should not be required. Clearly, all coaches would benefit from attending. However, philosophically, the IHSA would not disqualify an athlete whose coach did not attend the meeting, so the requirement is not enforced and should be eliminated. There are very few coaches in attendance at this meeting. It is near dark at this time in the park. Coaches can still attend a meeting Saturday morning.

E. Recommendation: Require hosts hire two officials for each regional and sectional.

Rationale: There is enough work that two officials are justified. This is especially true with the required video review process.

Boys/Girls Golf

3. Revise. VIII. Tournament Rules -- M. -- Circle 10 Scoring:

Recommendation: The Circle 10 rule may be invoked by a coach during Regional play only. If the Circle 10 rule is invoked, a player picks up their ball after 10 shots or more on any applicable hole. Once the Circle 10 is invoked by a player, that player's score will not be used for advancing team scores, and that player is no longer eligible to advance in the state series as an individual. However, should the player's team advance that player could continue in the state series but only have his/her score count towards the team's score at the next level tournament(s).

Rationale: The current language could be improved to better reflect the intention of the rule.

Boys/Girls Volleyball

2. Revise: Girls VI. Tournament Structure and Time Schedules -- B. Time Schedule -- 4. State Final Time Schedule (Friday session two only)

Recommendation: Adjust the 3A-4A Semifinals Session Two to start a half hour earlier.

Session 2 Semifinals

Match 5 Class 3A 4:00 – 5:00pm,
Match 6 Class 3A approx. 5:30- 6:30pm
Match 7 Class 4A approx. 7:00- 8:00pm
Match 8 Class 4A approx. 8:30- 9:30pm

Rationale: This should help the later matches start a little earlier Friday night helping teams get out of the area earlier than 10:30 or 11:00 pm.

Boys/Girls Tennis

1. Recommendation: Article VIII-C Tournament Rules

VIII-C will become VIII-C-1 and add this item as VIII-C-2 "Consolation Round Tie Breakers: State Final Consolation rounds shall use ad scoring with a 10 point match tie breaker in lieu of a third set. Any medal matches shall continue to use ad scoring with three full sets".

Rationale: This will decrease the length of matches players might have to play during the consolation rounds on one given day, which will decrease the risk of injury as well as allow the tournament to stay on schedule. This is consistent with USTA scoring and scoring during many regular season matches.

Boys Football

1. IX. Tournament Policies i. Bands:

Recommendation: No extra-curricular music including bands should be played after the ready for play whistle by the game official.

Rationale: The committee believes that a more specific indication by a game official as to the stoppage of music/band playing will help establish strict parameters for all involved.

Sports Medicine

1. Weight Control Plan Recommendations - II. Time Periods for Measurements A.

Recommendation: All wrestlers are eligible for a final appeal certification to certify their weight after their first certification date on or before Friday of Week 24 on the IHSA Standardized calendar with approval of the IHSA administrator. A final appeal can only occur if the athlete wishing to appeal has not exceeded 1.5% weight loss per week each week from the date of the athlete's first certification. This appeal would allow the wrestler to drop no more than one weight class from the original minimum result from the first test.

Rationale: The committee believes this will give wrestlers a reasonable time to adjust their bodies to the sport of wrestling after coming from a fall sport. This would also reduce the rapid reduction that currently goes on as wrestlers try to reduce their weight before completing the certification process prior to their first match. There are many examples of young wrestlers coming out for wrestling for the very first time who find their weight and fitness making extreme changes after the first few weeks of the season. Many of these wrestlers end up with a certified weight higher than their actual weight creating an extreme disadvantage for them.

Sportsmanship

Recommendation: The committee recommends that when schools Official Representatives enter their teams for fall sports, they will have an opportunity to register their school for the Do What's Right! Program. The Official Representative will watch the short presentation (3-5 minutes), and then will be directed to click the link to register their school for DWR! for that school year.

Rationale: Administrators will take more responsibility and ownership of the DWR! Program. Creates more awareness by individual schools of the DWR! Program, of the benefits to their community, and the potential positive recognition for their school. The short video may also be shown to the whole coaching staff and the student body.

Student Advisory

1. **Recommendation:** Implement the IHSA Student Section Showdown (See attached information). This is an opportunity for students throughout the state to show their schools spirit, creativity, sportsmanship, and overall fan participation.

Rationale: The SAC is challenging student bodies throughout the state to show how they positively cheer for their teams during a game. Representatives from the final four schools will be recognized at Boys Basketball State Finals in Peoria.

Athletic Administrators

No Recommendations At This Time.

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